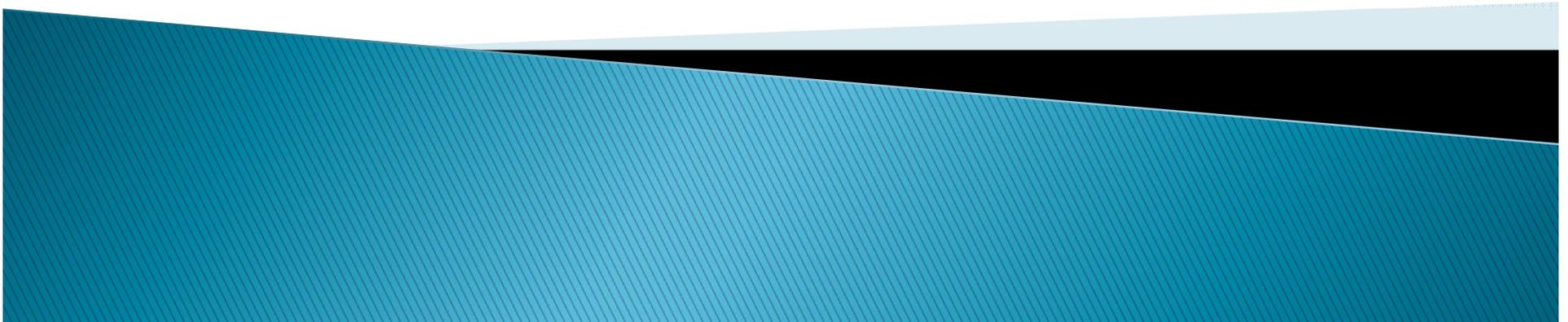


2017 National Prevention Network Conference September 12-14, 2017

Workshop Session V: Emotional Competency as a
Framework to Strengthen an Integrated Workforce
September 13, 2017; 2:45 – 3:45 p.m.



Session Objectives & Agenda

Learning Objectives:

- ▶ To explore core competencies of an integrated workforce for behavioral health and primary care
- ▶ To learn about Emotional Competency as a framework and set of tools to strengthen the prevention workforce
- ▶ To explore the application of Emotional Competency tools to support population health improvement
- ▶ To understand the role of Emotional Competency to deliver effective prevention services for culturally diverse communities and populations

AGENDA

- ▶ Integrated Behavioral Health and Primary Care: Workforce Competencies for the 21st Century
 - ▶ The Connection Between Emotional Competency and Integrative Practices
 - ▶ Getting to EC²: Assessing and Expanding Your EC Quotient
- 

What is Integrated Care?



Movie Time!

<https://www.youtube.com/watch?v=S-029Yf7AYM>



What is Integrated Care?

- ▶ Integrated care models bring together various providers and information systems to coordinate services, patient needs, and data to achieve health goals.
- ▶ Bringing together behavioral health which encompasses prevention, intervention, and recovery from mental health and substance use with primary care that includes health promotion, disease prevention, education, diagnosis and treatment is a win-win to advance health of populations, improve care that is at the right time, right place, and right dose, and lower and control costs.
- ▶ Collaboration between behavioral health and primary care providers is key.



Core Competencies for an Integrated Workforce

- ▶ Interpersonal Communication (*jargon-free, consumer-centered communication*)
- ▶ Collaboration & Teamwork (*valuing team, shared decision-making*)
- ▶ Screening & Assessment (*assess for risky behaviors, mental health, trauma*)
- ▶ Care Planning & Care Coordination (*care plans, patient navigation*)
- ▶ Intervention (*motivational interviewing, health education*)
- ▶ Cultural Competence & Adaptation (*language services, provider diversity*)
- ▶ Systems Oriented Practice (*consumer education on benefits, utilization management*)
- ▶ Learning and Quality Improvement (*evidence-based practices, consumer satisfaction and outcomes*)
- ▶ Informatics (*EHR, telehealth*)



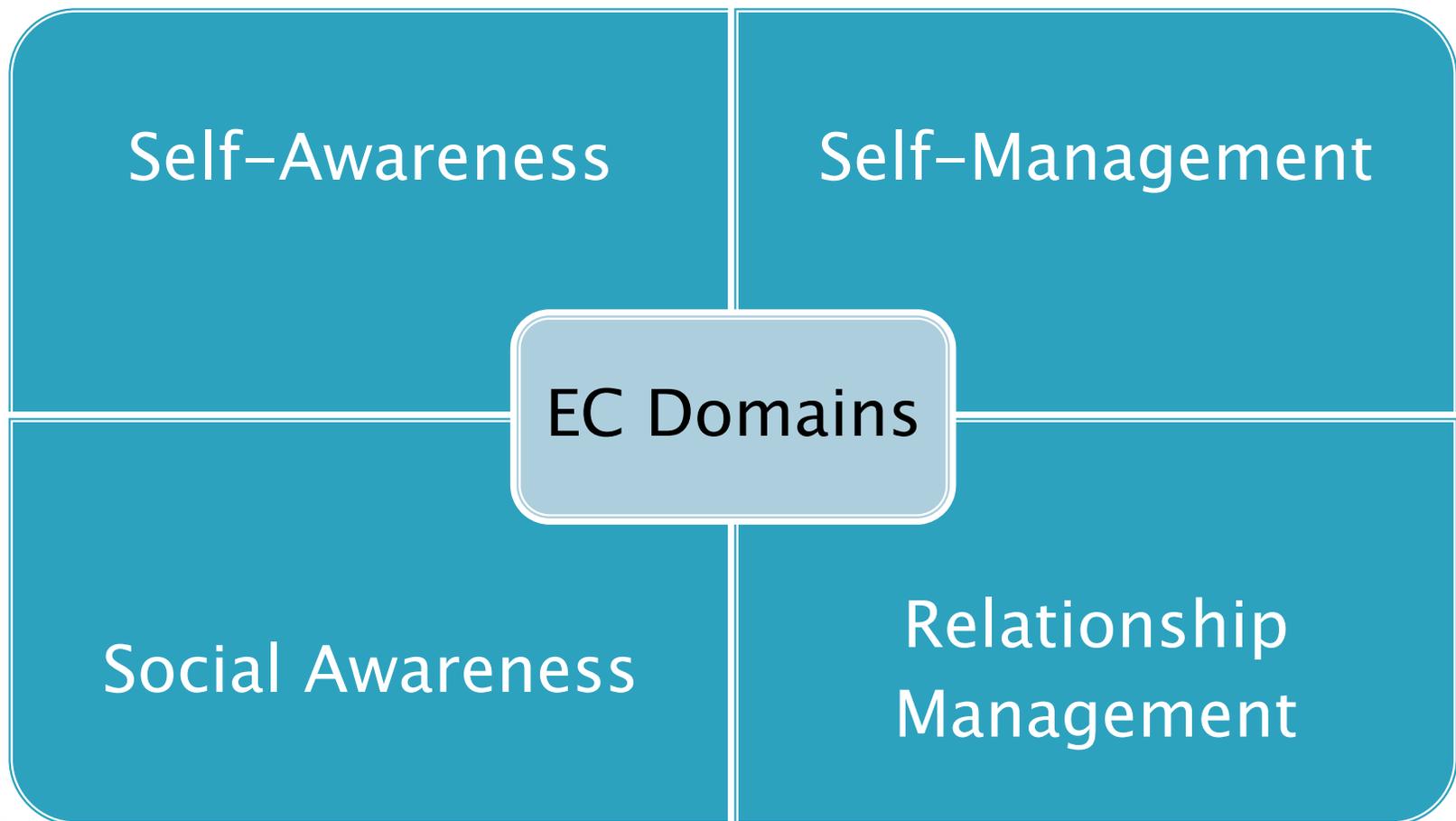
Making the Connection: Emotional Competency and Integrative Practices

What is Emotional Competence (EC)?

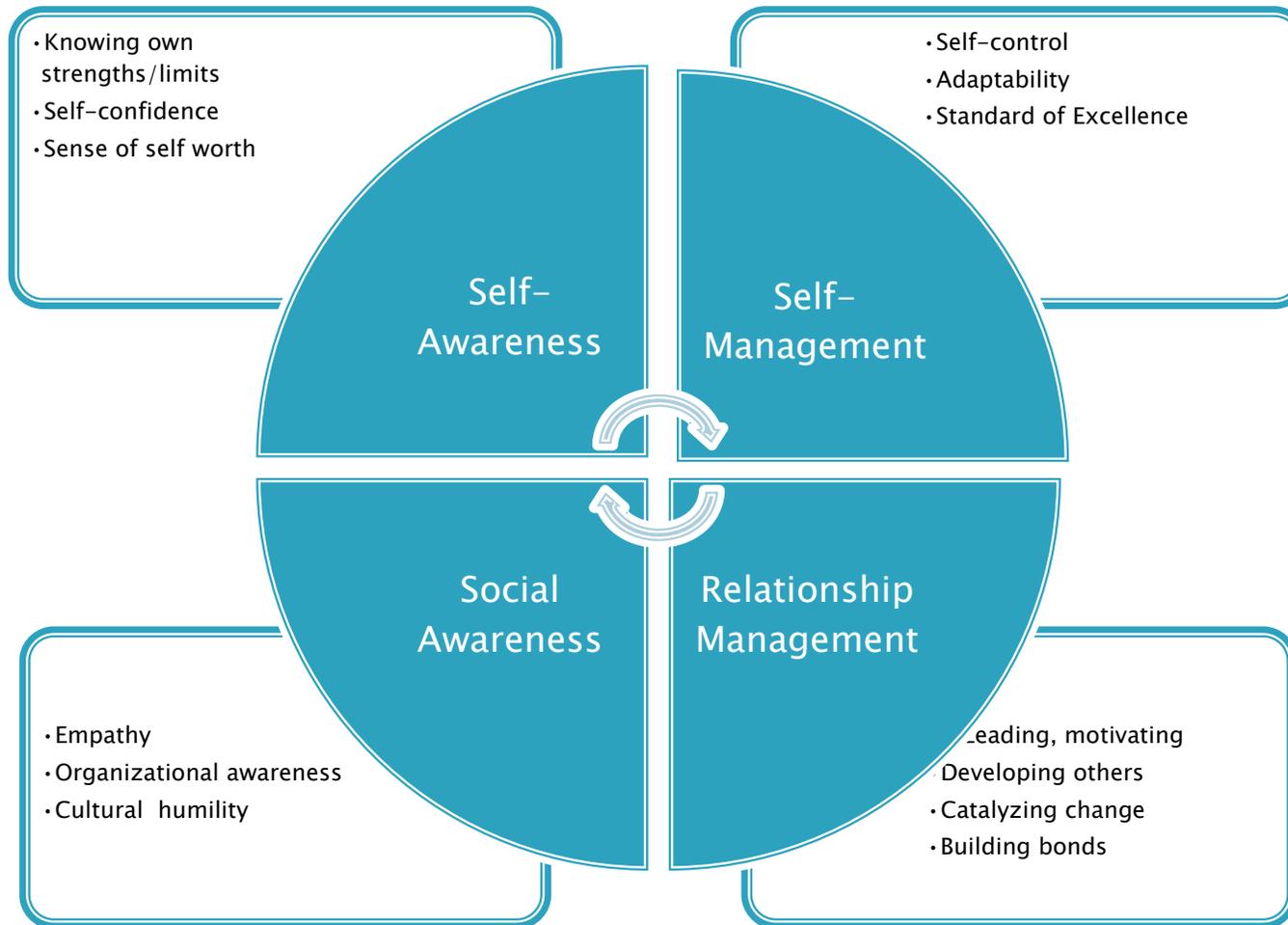
- ▶ Ability of a person to freely express their feelings and emotions
- ▶ Stems from emotional intelligence which is ability to identify emotions
- ▶ Competence is learned and determines a person's ability to interact constructively with others



What is Emotional Competence?



What is Emotional Competence?



Making the Connection

How Does EC Factor into the Core Competencies?



Getting to EC²

How EC Are We?



Getting to EC²

How can we expand our EC quotient?

- ▶ Self-Awareness: Feeling management, Verbal/non-verbal communication
- ▶ Self-Development: Change, ABC of decision-making
- ▶ Relationships: Managing relationships, Damage control
- ▶ Self-Responsibility: Self-Reliance, Plans and structure



Thank You!!!

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